CARTER ARNETT



Monica Litle Goff | Partner

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Monica Litle Goff is a Partner at Carter Arnett. Monica represents businesses, governmental entities, corporate officers, and individuals across a range of employment, complex civil, and business litigation matters including breach of contract, breach of covenants not to compete, breach of fiduciary duty, misappropriation of trade secrets, and other business torts. Monica has obtained successful results for her clients at every stage of litigation in both state and federal court.

Monica has expertise in all phases of employment-related litigation including administrative proceedings and actions filed in federal and state court. Monica advises clients on and resolves disputes concerning claims asserted under Title VII of the Civil Rights Act, the Americans with Disabilities Act, Age Discrimination in Employment Act, Family Medical Leave Act, Federal Labor Standards Act, Pregnancy Discrimination Act, Pregnant Workers Fairness Act, 42 U.S.C. § 1983, Texas Whistleblower Act, Texas Payday Act, and Texas Labor Code.

Prior to joining Carter Arnett, Monica served as a judicial intern to Judge Catharina Haynes at the U.S. Court of Appeals for the Fifth Circuit, Career Law Clerk to the Honorable Amos L. Mazzant, III in the U.S. District Court for the Eastern District of Texas, and Law Clerk to the Honorable K. Nicole Mitchell, U.S. Magistrate Judge in the U.S. District Court for the Eastern District of Texas. During her time with the court, Monica was exposed to a variety of criminal and civil cases, including Title VII, § 1983, patent, and complex commercial litigation.

Honors and Distinctions:

- Recognized "Texas Rising Stars," Super Lawyers®, 2024
- Recognized "Ones to Watch", Best Lawyers in America, 2024-2025
- Dallas Association of Young Lawyer's President's Distinction Award, 2024

Professional Associations and Community Involvement

- Dallas Association of Young Lawyers Judiciary Committee
 - Member, 2021
 - Board Member, 2022-present

- Dallas Association of Young Lawyers Leadership Class, 2022-2023
- Dallas Women's Lawyers Association / Dallas Association of Young Lawyers Mentoring Circles
 - Member, 2022-2023
- Association of Former Law Clerks of the Eastern District of Texas
 - Board Member, 2021-present
- Judge Paul Brown Inn of Court Associate, 2022-present

Published Works and Speaking Engagements

- Litigating in Federal District Court? Understand Your Audience" The Bencher, Co-Author September/October 2023
- "The Judges' Lawyers. Learning from Law Clerks Squawk Box Style" 23rd Annual Eastern District of Texas Bench/Bar Conference, 2019
- "Texas Courts Should Reduce a Plaintiff's Fault Before Applying the Noneconomic Damage Cap," 68 Baylor L. Rev. 624. 2016

Education

- Baylor Law School, 2016, Waco, Texas, Juris Doctorate, cum laude
- University of St. Thomas, 2013, Houston, Texas, Bachelor of Arts, Political Science, magna cum laude

Admissions

- Texas, 2016
- U.S. District Court for the Eastern District of Texas, 2020
- U.S. District Court for the Northern District of Texas, 2020
- U.S. District Court for the Western District of Texas, 2020
- U.S. District Court for the Southern District of Texas, 2023

Practice Areas

- Business Litigation
- Complex Commercial Litigation
- Employment Litigation
- Patent Litigation
- Trade Secret and Non-Compete Litigation